# **Curriculum Vitae**

# **PERSONAL DATA:**

| Name:   | Safaa Mohamed Zaki     |  |
|---------|------------------------|--|
| Date of | 25/9/1979              |  |
| Birth:  |                        |  |
| Marital | Married                |  |
| Status: |                        |  |
| Mobile  | 01120737266            |  |
| number  |                        |  |
| E-mail: |                        |  |
|         | Safaamazen31@yahoo.com |  |

# **EDUCATION:**

| 2015 | Degree:                              | Doctor of Philosophy (PhD) in<br>Nursing, University of Assiut, Assiut<br>,Egypt   |
|------|--------------------------------------|--|
|      | <u>Major:</u>                        | Psychiatric and Mental Health<br>Nursing:  |
|      | <u>Dissertation</u><br><u>Title:</u> | Psychological loneliness, impulsivity<br>and depression as predictors of<br>aggression among psychiatric patients<br>in Beni- Ahmed psychiatric hospital |
| 2010 | Degree:                              | Master of Nursing Science (M.S.N),<br>University of Assiut, Assiut, Egypt.   |
|      | <u>Major:</u>                        | Psychiatric nursing  |
|      | <u>Dissertation</u><br><u>Title:</u> | Psychological distress and quality of life among menopausal women  |
| 2002 | <u>Degree:</u><br><u>Major:</u>      | Bachelor of Nursing Science (B.S.N),<br>El-Minia University, Egypt.<br>Nursing   |

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### **COMPUTER SKILLS:**

Extensive experience with: ICDL "version 2010" in the following modules in 2015: -Advanced PowerPoint -IT

#### **POSITIONS AND EMPLOYMENTS:**

- **2015-present** Lecturer, Psychiatric and Mental Health Nursing, Faculty of Nursing, El-Minia University, Egypt.
- **2010-2015** Assistant lecturer of Psychiatric and Mental Health Nursing, Faculty of Nursing, El-Minia University, Egypt.
- 2003-2009 Clinical instructor of Psychiatric and Mental Health Nursing, Faculty of Nursing, El-Minia University, Egypt.

- Clinical supervisor on Internship nursing students at Minia University Hospital.

2001-2002 - Internship nurse (Training by rotation in different departments medical, surgical, obeststric, gynecology, O.R, ICU, CCU, pediatrics, community, at Minia University Hospital.

#### **TAUGHT COURSES:**

- \* Fundamental of human behavior
- \* Human behavior in illness
- \* Child psychology in different developmental stages
- \* Woman psychology
- \* Psychiatric and mental health nursing

## **TRAINING PROGRAMES:**

- Appreciation certificate for participation and attending the first international nursing conference entitled "*nursing and current challenges*" on April  $21^{\text{st}}:23^{\text{rd}}$ , 2010.

- Appreciation certificate for participation and attending the first symposium entitled on *"addiction and its effect on the community"* conducted by faculty of nursing, Minia University on October 3<sup>rd</sup>,2010
  - Certificate of achievement for attending training program about the *scientific Publications* .
  - Certificate of achievement for attending training program about *competitive researches*.
  - Certificate of achievement for attending training program about *university administration*.
  - Certificate of *TOEFL* from *Assuit- university faculty of arts* 2015.
  - Certificate of completion the *general English course*, Minia university
  - Appreciation certificate for participation and attending the international conference (Evolution of Nursing: A pathway to Excellence) - 20-21 April 2015. Hilwan, University.
  - Appreciation certificate for participation and attending the 13<sup>th</sup> international scientific nursing conference " toward better nursing practice". On October, the 12<sup>th</sup>, 13<sup>th</sup>, 2015 at faculty of nursing, Alexandria University, Egypt.

#### **Faculty activity**

- Member in self-annual report in quality unit,
- Member in 4<sup>th</sup> year student control works.

- Member in committee of following learning plan in the faculty 2015-2016.
- Teaching Psychiatric and Mental Health Nursing course to High Technical Institution of nursing, faculty of nursing, Minia university in 2015-2016.
- Teaching Psychiatric and Mental Health Nursing course to clinical institution of nursing, ministry of health 1<sup>st</sup> term 2016.
- Teaching "Ethic in nursing" and "educational psychology" for master students 1<sup>st</sup> part (2016-2017). And a member in examination committee for the same subjects.
- Member in "interview committee" for 1<sup>st</sup> year students 2015-2016, 2016-2017.
- Member in examination committee of Psychiatric and Mental Health Nursing for 4<sup>th</sup> year students.
- Member in examination committee of "Ethic in nursing" for master students 1<sup>st</sup> part (2015-2016).
- Teaching psychiatric nursing (2) for 2<sup>nd</sup> part maser students (**specialty**) 2015-2016.
- Supervisor on master thesis titled as" Hospital Services Quality and Its Relation with Patient's Trust and Satisfaction". By Hagar Mohammed Hassan.